

Louise Hay Affirmation Crossword Puzzle

After completing the puzzle, select 3 affirmations and repeat them throughout the day to plant the seeds for the positive changes you wish to create in your life.



Across

1. Love _____ through my body, healing all disease.
6. My day begins and ends with _____.
7. The _____ is over.
9. I am divinely _____ at all times.
12. I _____ myself and set myself free.
13. I am in the process of _____ change.
16. The point of _____ is always in the present moment.
18. My income is _____ increasing.
19. It's only a thought, and a thought can be _____.
21. I _____ the best, and I accept it now.
22. I welcome _____ into my life.
24. Everything is working out for my _____ good.

Down

2. It is safe for me to _____ up for myself.
3. _____ loves me.
4. Every thought we think is creating our _____.
5. Out of this _____ only good will come.
8. I love and _____ of myself
10. I listen with _____ to my body's messages.
11. I am _____ to let go.
14. All is well in my _____.
15. My healing is already in _____.
17. Deep at the center of my being is an _____ well of love.
20. Whatever I need to know is _____ to me.
23. I am _____.